

WHAT IS AN ECG?

When you have an ECG you be asked to remove clothes above the waist and lie down on a bed. A technician will then make sure your skin is prepared by wiping off any moisturising cream. Stickers will be placed across your chest, arms and legs. The stickers will then be connected to a machine using 10 cables, and the machine will measure your heart rate and rhythm. This test does not hurt and you will be asked to keep still and relaxed during the test.

A print out will then be taken and the test is then complete, the stickers are removed and you will be asked to get dressed.

HOW LONG WILL THE TEST TAKE?

Recording an ECG should only take a few minutes, but it does rely on you keeping still for the recording.

WILL I BE GIVEN THE RESULTS?

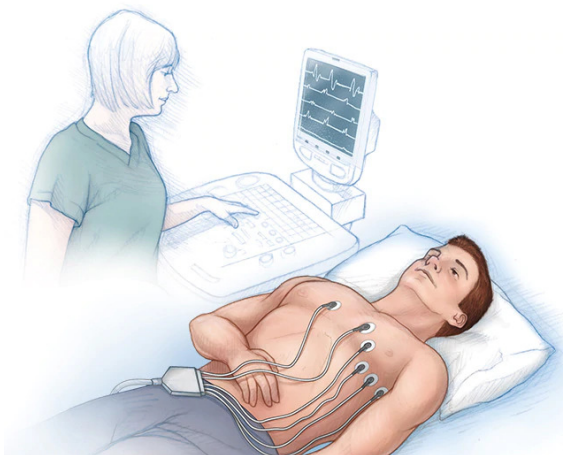
Your test results will be given to Consultant Cardiologist here at Glenfield who will write a report which will be sent to the doctor who ordered to test; ie. GP or other services.

WHAT SHOULD I WEAR?

Preferably loose fitting clothes. A gown can be provided if required.

CAN I HAVE A MEAL BEFORE THE TEST?

Please eat and drink as normal before the test.



WHAT IF THE APPOINTMENT IS NOT CONVENIENT?

If your appointment is not suitable please let us know by phoning the East Midlands Congenital Heart Centre between 08:30 and 16:00 Mon – Fri and we will do our best to rearrange.

Direct Dial Numbers:

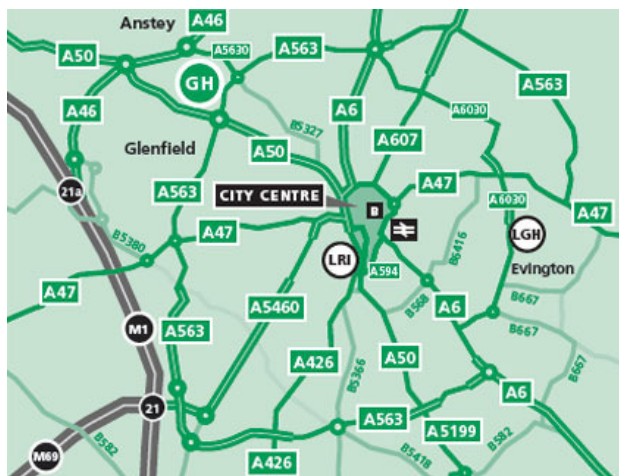
Reception Desk: 0116 256 3926

CORRESPONDENCE

Cardiac Physiologist,
East Midlands Congenital Heart Centre,
Glenfield Hospital,
Groby Road,
Leicester,
LE3 9QP

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HOW DO I FIND THE HOSPITAL?



The Glenfield Hospital is situated 6 miles South East of M1 Junction 22 and 2 ½ miles North West of Leicester city centre on A50.

Access directly from roundabout.

HOW DO I FIND THE DEPARTMENT?

The department is situated on the first floor of the hospital next to Ward 30. Access is easiest via the South Entrance, but can be accessed from Main Entrance. Please follow the signs for the East Midlands Congenital Department.

University Hospitals of Leicester
NHS Trust



East Midlands Congenital Heart Centre

Electrocardiogram (ECG)



Tel: 0116 256 3926